

The Living Well Team

The Living Well Team at Westbury Group Practice is a team of nurse and allied health care professionals dedicated to helping you live well as you age, or just try to navigate life and your health care journey. The team is led by an Advanced Nurse Practitioner (ANP), supported by a Nurse Practitioner, and Nursing Associate and a Social Prescriber.

Our nursing team can diagnose dementia, recognise approaching end of life and help plan end of life. We can assess patients living with acute frailty and chronic illness, such as Parkinsons and Heart failure, to name a few. We liaise closely with the Community Nursing team and the wider Multi disciplinary team and we discuss weekly, those patients on the Palliative Register.

Our Social Prescriber, Maria can help with the following:

- Reducing isolation
- Signposting and referral support to local groups and community activities
- Promoting personal independence.
- Benefits and financial support
- Simple mental health and well-being
- Homelessness and Housing
- Veterans support

We can be contacted via the email address bswicb@wgppatientvoice@nhs.net . Please ensure you mark this message for the Living Well Team.